



## FUNCTIONAL ASSESSMENT

NAME: \_\_\_\_\_ DOB \_\_\_\_\_ TODAY'S DATE: \_\_\_\_\_

Instructions: Please circle the level of difficulty you have for each activity today.	Able to do without any difficulty	Able to do with little difficulty	Able to do with moderate difficulty	Able to do with much difficulty	Unable to do	Not applicable
1. Lying flat	1	2	3	4	5	9
2. Rolling over	1	2	3	4	5	9
3. Moving—lying to sitting	1	2	3	4	5	9
4. Sitting	1	2	3	4	5	9
5. Squatting	1	2	3	4	5	9
6. Bending/stooping	1	2	3	4	5	9
7. Balancing	1	2	3	4	5	9
8. Kneeling	1	2	3	4	5	9
9. Standing	1	2	3	4	5	9
10. Walking—short distance	1	2	3	4	5	9
11. Walking—long distance	1	2	3	4	5	9
12. Walking—outdoors	1	2	3	4	5	9
13. Climbing stairs	1	2	3	4	5	9
14. Hopping	1	2	3	4	5	9
15. Jumping	1	2	3	4	5	9
16. Running	1	2	3	4	5	9
17. Pushing	1	2	3	4	5	9
18. Pulling	1	2	3	4	5	9
19. Reaching	1	2	3	4	5	9
20. Grasping	1	2	3	4	5	9
21. Lifting	1	2	3	4	5	9
22. Carrying	1	2	3	4	5	9

23. Thinking about ***all*** of the activities you would like to do, please mark and "X" at the point on the line that best describes your ***overall*** level of difficulty with these activities today.



I have extreme difficulty  
Doing any of the activities  
That I would like to do.

I have no difficulty doing any  
of the activities that I would  
like to do.

24. From the above list, choose the 3 activities you would most like to be able to do without any difficulty (for example, if you would most like to be able to climb stairs, kneel, and hop without any difficulty, you would choose: 1. 12 2. 8 3. 13)

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Present Total Score= \_\_\_\_\_ Previous Total Score= \_\_\_\_\_